

BRUNSWICK CENTRAL SCHOOLS

BRITTONKILL

HEALTH OFFICE

Dear Parent/Guardian:

Here are a few reminders for you for the coming school year concerning procedures in school. Please take time to read them.

1. NYS law requires that all children entering school for the first time, or in grades two, four, seven and ten must have a physical. Physicals are usually given by our school pediatricians for sports, working papers or for children who have not received their physicals for the grades stated above. If you **do not** want the school's pediatricians, Drs. Tomiak, Kostun and Caruso, to give your child a physical here at school, please notify your respective Health Office so that we do not schedule your child with the physician.
2. Notices will be sent home at the elementary level informing you of your child's appointment. Notices **will not** be sent home at the Secondary level. If your child does not have a physical with the school physician, it will become your responsibility to submit proof, to the Health Office, of a current physical. If proof is not submitted, we will schedule your child with our school physician as per state law. Working paper and sports physicals will also be scheduled at this time for those requiring them. Students will not be allowed to participate in sports or obtain working papers without a current physical on file in the Health Office.
3. If you have a physical done over the summer, please mail the original to your respective Health Office, or it can be dropped off in person. Please keep a copy for your records. Your physician may also fax the report to us at the following numbers: Elementary 279-0612 Secondary 279-3888
4. A written excuse is required to be on file in school with each child's absence. Please send one in when your child returns to school. Please notify the school the morning your child is absent. Voicemail is available if you wish to call before school opens. If we do not hear from you, we will try to contact you during the day.
5. All medication that your child may be required to take while in school must have a written doctor's order, a written permission from the parent and be in a labeled original container which must be brought to school by an **adult only**. Do not send any medications in with your child.
6. It is vital that we have up to date phone numbers and emergency numbers. Please fill out the emergency card and send it back as soon as possible. In case of emergency or problem, we need to be able to contact a responsible adult. Please inform us of any changes in address or phone numbers throughout the school year. Emergency cards are handed out on the first day of school.

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7. Please inform the Health Office if your child is suffering from or diagnosed as having a communicable disease (ex. Strep throat, head lice, chicken pox). In that way we can take precautions and notify other parents to be on the lookout for symptoms in their child.
8. If your child is injured and is to be restricted from Physical Education class, a note from the attending physician must be submitted to the Health Office informing of reason, time restrictions or specific limitations. Also, a release note must be given to the Health Office when the child is capable of resuming activity.
9. If your child plans on participating in any interscholastic sports, a current physical (within the past twelve months) is required. This information must be in the Health Office prior to the beginning of practice for the sport. Do not bring this information to the coaches, as it must be recorded and on file in the Health Office. You may make a photo copy of the physical to give to the coach, but, the **original** must be on file in the Health Office.

All of these procedures are in force for your child's health and safety. Thank you for taking the time to read and comply with these procedures in order to ensure the health and safety of your child and all the children.

If you have any questions or concerns, please contact us in your child's respective Health Office.

Respectfully,

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